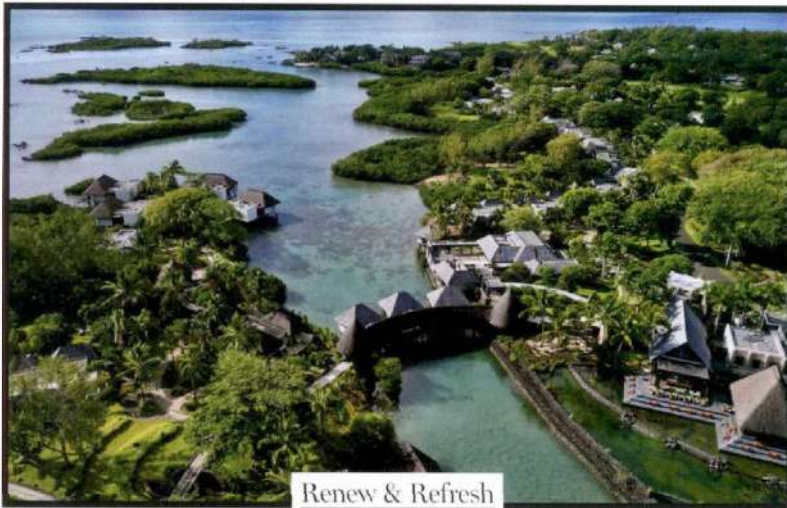




Travel Notes

Go *wild* in Zambia, seek Riviera *chic* and nurture *body and spirit* in Kerala

Compiled by **HARRIET COOPER**



Renew & Refresh

BLUE LAGOON

Mauritius has never been short on beachfront five-stars and, following a recent reinvigoration, the Four Seasons Resort Mauritius at Anahita is one of the island's most idyllic. Pool villas have been jooshed and the overwater Oseyan Spa has a fresh look that includes a state-of-the-art thermal suite; seven distinctive dining concepts, including a bar centring on rum, add to the appeal.

fourseasons.com



LIFE & SOUL

Tulah - a brand-new 65-suite wellness destination set in acres of lushness in Calicut, Kerala - offers the sweet spot between ancestral wisdom and cutting-edge clinical therapies. The attraction is in its fully personalised approach, with every guest embarking on a different journey, one that integrates Ayurveda, next-gen diagnostics, nutrigenomics and movement programmes.

tulah.life



FRENCH FANCY

Le Beauvallon - one of the French Riviera's grandest dames - has had many metamorphoses. Built in 1914 as a mansion and private hotel, welcoming Winston Churchill and Audrey Hepburn, it was later faithfully restored to be an exclusive-use property. Now the Belle Époque beauty returns to its roots, reopening in April as COMO Le Beauvallon. The vibe is intentionally 'homey' rather than 'hotel-y' - the 42 individually-designed rooms have access to an all-day, all-night pantry for snacks and drinks, for example. The never-ending grounds gently slope to a bayside pool, restaurant, beach club and private jetty from where speedboats will whizz guests along the Côte d'Azur. comohotels.com

VILLA VITA

Borgo Pignano Florence was once a sprawling 15th-century villa. It's recently been impeccably converted into a 32-key hotel, the resplendent rooms all offering views across panoramic terraces and olive groves. Spend days in the heated outdoor pool and evenings indulging in Michelin-star chef Stefano Cavallini's Tuscan menus. borgopignano.com





HAPPY CAMPERS

The unstoppable hospitality brand Anantara unveils Kafue River Tented Camp in Zambia this spring. Each one of the 10 villas and three suites is elevated on a timber platform above the treetops for optimum wildlife spotting, and all come with private pools. Sunset game drives, post-safari massages, camp fireside G&Ts, stargazing... and go again.

anantara.com