

# Red

MAY 2022 £5.99

**168**  
**LUXE ECO**  
**BRANDS**  
IT'S CHIC  
TO BE  
GREEN!

*Make  
the  
future brighter*

ARE YOU  
'UGLY  
COPING'?  
WHY IT'S  
SOMETIMES  
OKAY TO  
BE A HOT  
MESS

EAT LIKE A CLIMATARIAN  
8 WAYS TO A GREENER BEAUTY ROUTINE  
BE A ZERO-WASTE FAMILY  
TRAVEL THE WORLD MORE SUSTAINABLY  
**PLUS** THE BEST PLACES TO  
BUY VINTAGE (FROM THE STYLE INSIDERS)

FIND YOUR SPIRITUAL PATH ON PAGE 154... AND BEYOND



# Escapes

EDITED BY

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## Travel responsibly

CAN WE SEE MORE OF THE WORLD WITHOUT  
INCREASING OUR CARBON FOOTPRINTS?  
JANE ANDERSON SHARES HER RECOMMENDATIONS  
FOR EXPLORING OUR PRECIOUS PLANET



## TUSCANY, ITALY

**S**et in a Tuscan nature reserve on a certified organic farm, Borgo Pignano is a beguiling estate with a remarkable commitment to sustainability. Dating back to the 12th century, the villa, farmhouses, maisonettes and 13th-century priest's house have all been restored and decorated using environmentally friendly materials including locally sourced stone, reclaimed slate and eco paints. Guests can rent e-bikes and take part in ecologically sustainable activities such as organic soap and herbal laboratory workshops. The property supports the local community, including hosting exhibitions for local artists, and over 80% of staff come from within a 50km radius.

Delicious 'Trowel to Table' menus feature Tuscan ingredients. The estate grows heritage varieties of fruits and vegetables, olives, cereals and herbs. Bread, pastry and fresh pasta are made from the ancient wheat flours produced in the Flour Lab from grains grown on the property. No fertilisers, pesticides or other chemicals are used. Bee colonies are integral to Pignano's ecosystems to help pollinate vegetables and fruit trees, as well as producing Millefiori honey. Guests are invited to learn traditional beekeeping methods.

ROOMS FROM £250 A NIGHT, BASED ON TWO ADULTS STAYING IN THE VILLA WITH BREAKFAST, [BORGOPIGNANO.COM](http://BORGOPIGNANO.COM)



*Travelling by train costs between £160 and £460 one-way and takes a day from London to Paris on Eurostar (two to three hours), Paris to Milan (seven hours) and Milan to Florence (two hours), followed by an hour's drive ([eurostar.com](http://eurostar.com); [trenitalia.com](http://trenitalia.com))*



**Above: A pool with a view at Borgo Pignano. Left and above left: Its classically Italian interiors. Top: The ancient exterior**